# Achieving the American Dream A Resource Guide





















The purpose of this guide is to provide new members of our community and our country with help in navigating their new surroundings and in finding services, such as childcare, healthcare, employment, housing and legal services. These services will enable immigrants to lead healthy, safe, and productive lives in Connecticut or surrounding states.

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This guide will be updated online as new resources come to our attention. The online version can be found at <a href="https://www.greenwichct.gov/DocumentCenter/View/2705/Immigration-Resource-Guide-English-PDF">https://www.greenwichct.gov/DocumentCenter/View/2705/Immigration-Resource-Guide-English-PDF</a>

# **WORKFORCE DEVELOPMENT/SKILLS DEVELOPMENT**

# **Building New Skills**

Building One Community Workforce Development Program addresses the urgent need to integrate immigrants into our workforce through a Skills Development Program that offers stackable job skills training. Vocational English classes in growth industries and a Hiring Site that matches workers with available jobs. The program meets the need for a trained, English-speaking workforce in high demand jobs such as Home Health Aide, Culinary Food Service, Construction and Landscaping. Through the Workforce Development Program, B1C also runs an Unpaid Wage Clinic twice a week for workers.

203-674-8585

Building1community.org/employ

Family Centers Reaching Independence Through Employment (RITE) Program helps individuals and families attain a greater sense of self-sufficiency through counseling, goal planning, job-skills training, life skills and family support. RITE coordinators provide free vocational support focusing on resume' writing and defined job search skills in one-on-one meetings and group settings via scheduled workshops. RITE is open to residents living in Lower Fairfield County.

203-324-3167 (Stamford)

203-629-2822 (Greenwich)

www.familycenters.org/Reaching-Independence-Through-Employment-RITE

Literacy Volunteers at Family Centers offers free English as a Second Language (ESL) classes to all levels, digital literacy, CPR/First Aid, retail and customer service training, creating education plans, conflict resolution, child development and more. All programs are free.

203-324-3167

www.familycenters.org/index.php?ID=3783&IID

**Urban League of Southern Connecticut Workforce Program** trains youth and adults to gain and maintain employment that is personally fulfilling and economically rewarding.

203-327-5810

www.ulsc.org/workforce-development/

**Urban League of Southern Connecticut** provides help to aspiring entrepreneurs and small business owners through the Economic Empowerment Center by introducing them to new business opportunities, proper management skills, financing options, and more.

203-327-5810

www.ulsc.org/small-business-development/

# **SOCIAL SERVICES**

# **Housing**

Connecticut Coalition to End Homelessness includes a webinar, contact information, access to legal advice and client planning tools to prepare for potential immigration incidents.

860-721-7876 or 211

bit.ly/immigration\_rights\_and\_resources

Greenwich Housing Authority oversees affordable housing options for seniors, families and individuals from various racial, ethnic and economic backgrounds. Their goal is to provide safe, affordable housing for all residents of Greenwich. Please check in periodically to find out when you can apply for public housing via the website.

203-869-1138

# www.greenwichhousing.org

Sign up for notifications for Federal Programs at www.CThcvp.org.

# English as a Second Language (ESL)

**Building One Community** offers free ESL classes for beginner to conversational and provides English and Spanish literacy for adults who would like to learn to read/write, as well as English practice for the US Citizenship test. B1C also offers Vocational English classes in growth industries:

- Vocational English for Healthcare
- Vocational English for Culinary
- Vocational English for Retail and Customer Service
- Vocational English for Maintenance (beginning in 2020)

203-674-8585

Building1community.org/educate

**Community Centers Inc.** United States Citizenship Program provides preparation classes in both English and Spanish for Greenwich residents who wish to become United States citizens.

203-869-1276

www.ccigreenwich.org/citizenship-classes/

Family Centers Literacy Volunteers Program in Greenwich offers free English as a Second Language (ESL) classes to all levels and digital literacy. All services are free.

203-324-3167

www.familycenters.org/index.php?ID=3783&IID=

Greenwich Department of Human Services offers two ESL classes, daytime at Town Hall and evening at the Byram Archibald Neighborhood Center. For information, visit the offices at Town Hall in person or call 203-622-3800. Office hours are Monday – Friday, 8:30 a.m. – 5:00 p.m. and after-hours by appointment 5:00 p.m. – 7:00 p.m. Bilingual staff is available to help.

**Norwalk Community College** offers English as a Second Language classes to meet academic, professional and personal goals of students who come from over eighty countries. Classes are available in the mornings, evenings and on Saturdays.

203-857-7000

norwalk.edu/academics/esl/

# **Adult Learning Opportunities**

**Building One Community** offers courses in basic computer skills for adults. B1C also offers a series of workshops on Financial Literacy, as well as workshops for small business owners.

203-674-8585

building1community.org/empower/#family

CT Students for a Dream helps college-age students through the college application process. www.ct4adream.org/student-resources

**Norwalk Community College** offers a Student Support Services Program for students who may be at risk of not completing college due to personal or academic issues. Eligibility restrictions may apply.

203-857-7000 norwalk.edu/ae-fye/trio/

#### **Other Social Services**

Abilis provides services and supports for over 700 individuals with special needs and their families from birth throughout their lives. Abilis has been a leader in providing state of the art services for the special needs community in Fairfield County for over 68 years and has a long-standing reputation for high quality care. Abilis provides early intervention and customized therapies, as well as family education and advocacy to help individuals achieve important developmental milestones through our Therapeutic Services programs. As individuals approach and enter adulthood, we provide a wide range of Life Services programs, including recreational activities, transportation and life skills support, job training competitive employment, individual life planning and a choice of residential options.

203-531-1880

https://www.abilis.us/

**Building One Community** partners with other organizations to help immigrants with daily challenges they may be facing including:

- Support for completing job applications
- Recovery of unpaid wages
- Free AARP tax preparation assistance
- Assistance with applying for a driver's License
- Translation services (English-Spanish and Spanish-English)
- Presentations and workshops
- Notary Public services

Through case management, B1C connects individuals and families with healthcare, food pantries, academic programs for children, law enforcement and other vital services. They also support immigrants through an organizing program that prepares parents to become leaders of a powerful movement for educational equality. 203-674-8585

www.building1community.org

Greenwich Department of Human Services enhances the quality of life of residents of Greenwich through support in meeting basic human needs and promoting services that foster self-sufficiency. Resources provide support you may need such as food, shelter, educational and employment opportunities, personal safety and access to health care services. Office hours are Monday – Friday, 8:30 a.m. – 5:00 p.m. and after-hours by appointment 5:00 p.m. – 7:00 p.m.

203-622-3800

www.greenwichct.gov/538/Human-Services

#### CHILDCARE and EDUCATION

Abilis -- For children with a developmental disability or delay, early intervention makes all the difference. Our state-funded Birth to Three program enables infants and toddlers to receive the support they need to reach developmental milestones and succeed in a pre-school environment. We also offer an intensive program designed to meet the specific needs of children with an autism spectrum diagnosis. Our program provides teachers and therapists who coach and provide support to families in natural learning environments, such as the home or day care. The State of Connecticut Child Development Hotline 800-505-7000 is the entry point into the Birth to Three system. You may specifically request Abilis and be directed to our team. For additional information, please contact Abilis.

203-324-1880 x302

www.abilis.us/therapeutic-services/early-intervention.html

**Boys & Girls Club** offers affordable after-school programs and summer camps for children and young adults. Programming includes academic support. Financial aid is available for qualified applicants.

203-869-3224

bgcg.org/programs/for-kids/

**Building One Community** works with families to address the achievement gap among immigrant children in Stamford Public Schools, including educational equity, parent leadership program, homework clubs, tutoring, summer reading programs and more.

203-674-8585

building1community.org/empower/#family

Community Centers Inc. homework club provides free educational support to elementary school students, through school-based homework clubs.

203-869-1276

ccigreenwich.org/homework-clubs/

Family First in Education is a program that provides family support and after school programing, including academic tutoring, for children eligible for free and reduced lunch attending one of three elementary schools – Hamilton Avenue, New Lebanon and Julian Curtiss. Family First in Education is a collaboration between the Per and Astrid Heidenreich Family Foundation, Family Centers, the Greenwich YMCA and Greenwich Public Schools. 203-869-4848

www.familycenters.org/Family-First

Family Centers – Parents as Teachers Program provides first-time parents with a system of continuous care designed to promote positive parenting through telephone support, parenting groups, as well as home visiting for eligible parents. Participation in the program is free and voluntary for all families.

203-869-4848

www.familycenters.org/FCPAT

# Greenwich United Way, Early Childhood Achievement Gap Solutions (ECAGS) -

Home Visitation: *Greenwich Parents as Teachers (GPAT)*, utilizes a nationally-recognized, evidence-based Parents as Teachers (PAT) curriculum to provide parents the skills needed to foster their children's social-emotional and physical development, for children ages prenatal to 3. Please contact our Impact Partner, Family Centers: 203.629.2822 or www.familycenters.org/GPAT

Pre-School Instructional Coaching: a comprehensive pre-school instructional coaching program, at Family Centers and the YMCA of Greenwich pre-schools. To learn more, call or visit: 203.869.2221 or https://greenwichunitedway.org/

YMCA of Greenwich provides educational programming and childcare for infants, toddlers, preschoolers, and elementary school-age children. Financial aid is available for those who qualify.

203-869-1630

www.greenwichymca.org/programs-services/early-learning-center/ www.greenwichymca.org/programs-services/after-school-programs/

YWCA Greenwich Childhood Education Programs provide boys and girls ages 15 months to preteen with high-quality preschool, after-school, school-vacation and summer camp programs. Financial aid is available for qualified applicants.

203-869-6501

ywcagreenwich.org/schools/

#### **HEALTHCARE**

**Building One Community** offers health and wellness days, including free dental cleanings once a year. **203-674-8585** 

www.building1community.org/empower/

Family Centers Health Care provides primary healthcare, dental and mental health services to children and adults living in Greenwich Public Housing communities and surrounding neighborhoods. Apply for an appointment.

203-717-1760

www.Familycenters.org/FamilyCentersHealthCare

Greenwich Department of Health, Division of Family Health offers services to Greenwich residents to promote and maintain optimum physical, emotional and social health. Services include well child and school physical assessments, tests and screenings, health education, and consultation with the medical and social services community. Immunizations for school aged children are free through the Connecticut Vaccine Program. Public health nurses provide blood pressure screening clinics and home health management visits to seniors.

203-622-6488 or 203-622-3782

www.greenwichct.gov/575/Health-Department

Open Door Family Medical Center provides medical, dental and mental health care, including prevention and wellness programs, regardless of their ability to pay. They serve residents from Westchester and Putnam counties.

914-632-2737

www.opendoormedical.org/services

Optimus Healthcare provides medical, dental and specialty care through qualified providers and staff who are compassionate, culturally-competent and speak multiple languages.

www.optimushealthcare.org

AmeriCares Free Clinic offers free healthcare for uninsured people.

203-658-9507

www.americares.org/en/sub/afc/our-clinics/stamford/

# **DOMESTIC VIOLENCE/SEXUAL ASSAULT**

The Rowan Center, A Sexual Assault Resource Agency provides free, 24-hour confidential help to men, women and children who have experienced sexual assault.

203-348-9346

therowancenter.org/

YWCA Greenwich Domestic Abuse Services is the only state designated provider of domestic abuse services in Greenwich, with staff who are licensed to provide a variety of victim services, including shelter, counseling and emergency response. Services are provided to children, teens and adults of all ages. YWCA Greenwich also offers a Civil Legal Clinic and Financial Literacy Consultations for YWCA clients. Bilingual counselors are available, and all YWCA services are free of charge.

24/7 Hotline 203-622-0003

ywcagreenwich.org/what-we-do/get-help-now/

# **LEGAL SERVICES/KNOW YOUR RIGHTS**

**Building One Community** is accredited by the U.S. Department of Justice as a provider of high quality, low cost immigration legal services.

203-674-8585

building1community.org/empower

Catholic Charities Immigration Services provides consultation on immigration related problems and accredited representation at United States Citizenship and Immigration Services appointments. Services include:

- Green Card
- Family Unity
- Conditional Residence Removal
- Temporary Protected Status

**203-416-1311** – English Speakers

**203-416-1306 – Spanish Speakers** 

www.ccfairfield.org/programs/immigration-services/

• Family Visas

- Case Status Inquiries
- U.S. Citizenship Applications
- Reentry Documents

Catholic Legal Immigration Network provides guidance about the rights of immigrants in the United States. cliniclegal.org/resources/know-your-rights

Connecticut Family Preparedness Portal assists families who have concerns about immigration law enforcement, particularly around concerns of deportation; free of charge.

portal.ct.gov/Office-of-the-Governor/Immigration-Resources-Family-Preparedness-Plan

Connecticut Institute for Refugees and Immigrants provides affordable legal assistance to immigrants and their families.

**203-965-7190 (Stamford Office)** 

203-336-0141 (Bridgeport Office)

cirict.org/immigration-legal-services/

Connecticut Legal Services is a law firm, a social services agency, and a community resource that solves urgent problems affecting low-income people, immigrants, refugees and people of all religions from illegal action that would separate families and interfere with efforts to achieve safety and stability.

**203-348-9216 (Stamford Office)** 

www.ctlegal.org

**Family Centers, Inc.** Victims of Crime Act (VOCA) Case Management Program provides holistic supportive case management services for victims of crimes to encourage personal growth and emotional healing of victims through:

- Assistance with Victims Compensation Process
- Advocacy and Emotional Support
- Connection to resources like counseling, housing assistance, childcare, transportation, etc.
- Crisis Intervention and Safety Planning

The program provides support for the following victims:

- Adults Sexually Abused/Assaulted as Children
- Adult Physical Assault
- Bullying (Cyber, Physical or Verbal)
- Burglary
- Child Physical Abuse and Neglect
- Domestic and/or Family Violence
- DUI/DWI Incidents
- Elder Abuse/Neglect

- Hate Crime (Racial/Religious/Gender/ Sexual Orientation/Other)
- Human Trafficking (Sex or Labor)
- Identity Theft/Fraud/Financial Crimes
- Other Vehicular Victimization
- Stalking/Harassment
- Survivors of Homicide Victims
- Teen Dating Victimization

#### TO APPLY

- Victims can fill out the intake form tinyurl.com/VOCAintakeCCFSA
- Self-Refer by calling 1-800-505-9000, or 203-324-3167 and ask for a Family Centers VOCA case manager

National Immigration Law Center is dedicated to advancing the rights of immigrants with low income. Services include help obtaining drivers licenses and increasing access to K-12 education.

213-639-3900

www.nilc.org/

# **Community Contacts**

#### **Abilis**

50 Glenville Street Greenwich, CT 06830 203-531-1880

#### **Americares Free Clinic**

401 Shippan Avenue Stamford, CT 06902 203-658-9507

#### Boys & Girls Club of Greenwich

4 Horseneck Lane Greenwich, CT 06830 203-869-3224

#### **Building One Community**

75 Selleck Street Stamford, CT 06902 203-674-8585

#### **Catholic Charities Immigration Services**

Catholic Center
238 Jewett Avenue
Bridgeport, CT 06606
203-416-1306 (Spanish Speakers)
203-416-1311 (English Speakers)
Community Centers, Inc.

61 East Putnam Avenue Greenwich, CT 06830 203-869-1276

#### CT Coalition to End Homelessness

257 Lawrence Street Hartford, CT 06106 860-721-7876

# CT Institute for Refugees and Immigrants

670 Clinton Avenue Bridgeport, CT 06605 203-336-0141 Stamford Office

34 Woodland Avenue Stamford, CT 06902 203-965-7190

# **Connecticut Legal Services**

1177 Summer Street, 4th Floor Stamford, CT 06905 Phone: 203-348-9216

Connecticut Students for a Dream

www.ct4adream.org/ Family Centers

40 Arch Street Greenwich, CT 06830 203-869-4848

#### **Greenwich Adult & Continuing Education**

Havemeyer Building 290 Greenwich Avenue Greenwich, CT 06830 203-625-7474

# **Greenwich Department of Health**

Greenwich Town Hall, Third Floor 101 Field Point Road Greenwich, CT 06830 203-622-6488

# **Greenwich Housing Authority**

249 Milbank Avenue Greenwich, CT 06830 203-869-1138

#### **Greenwich Department of Human Services**

Greenwich Town Hall 101 Field Point Road, Third Floor Greenwich, CT 06830 203-622-3800

# **Greenwich United Way**

500 West Putnam Avenue Greenwich, CT 06830 203-869-2221

#### **Greenwich YMCA**

50 East Putnam Avenue Greenwich, CT 06830 203.869.1630

#### **National Immigration Law Center**

www.nilc.org/about-us/contact-us/ 213-639-3900

#### Norwalk Community College

188 Richards Avenue Norwalk, CT 06854 203-857-7000

# **Open Door Family Medical Centers**

5 Grace Church Street Port Chester, NY 10573 914-632-2737

# Optimus Healthcare

Five Locations in Stamford optimushealthcare.org/opthc/locations-2/
The Rowan Center, A Sexual Assault Resource Agency

733 Summer Street, Suite 503 Stamford, cT 06901 203-348-9346

### Urban League of Southern Connecticut

137 Henry Street, Room 220 Stamford, Connecticut 06902 203-327-5810

#### YWCA Greenwich

259 East Putnam Avenue Greenwich, CT 06830 203-869-6501



# This resource guide is sponsored by

# Town of Greenwich First Selectman's Diversity Advisory Committee

Abilis
Boys & Girls Club of Greenwich
Community Centers, Inc.
Family Centers
Greenwich Department of Education
Greenwich Department of Human Services
Greenwich Fellowship of Clergy
Greenwich Fire Department
Greenwich Public Schools
Greenwich Housing Authority
Greenwich Library
Greenwich United Way
Greenwich Youth Services Bureau
Junior League of Greenwich
YWCA Greenwich